

— CLUB MEETING —

Salmon and Steelhead Fishing in New York

By Larry Forte

At our next meeting, on Tuesday, October 11th, Dan Neuland, club member and local outdoor writer, will share with us his tips and recommendations on where and how to catch salmon, steelhead, and large browns in New York this fall.

The New York State tributaries of Lake Ontario and Lake Erie are fall destinations for trophy-sized steelhead, salmon, and brown trout. Dan will share his knowledge and experience pursuing these lake-run fish in his home state of New York. Locations

include Oak Orchard, Salmon River, Cattaraugus Creek, and other smaller tributaries.

Dan will talk about how to prepare for a trip, including gear and fly selection, as well as the challenges these prized species present.

It will be a fun night. You don't want to miss it. See you on the 11th.



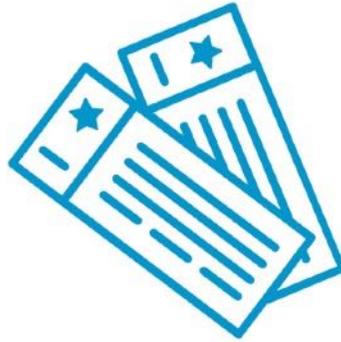
PVFF Banquet: Purchase Tickets Online

By Kevin Lynn

Our annual banquet is on October 29th at the Amvets Post 9 in Middletown, Maryland. This will be our 55th banquet! Join us as we celebrate our club and our love of fly fishing.

Head to our website to purchase tickets and register to attend. Just type **pvff.club** in your browser and look for the link to the banquet.

This event is our annual fundraiser that supports our club's activities throughout the year. Activities



include a silent auction, bucket raffles, and chances to win a 5-weight St. Croix rod and reel and the club's travel rod. Tickets this year will be \$30.00 for adults and \$5.00 for 16 and under.

We are still open to accepting donations, so go through your fishing supplies and gear and donate an item or two to support our club. Gift certificates to your favorite restaurant or sport shop are great donations as well. Donations can be dropped off at my house or I will come and get them. Contact me at **240-421-1774** or email **klynn@kevinlynn.com**.

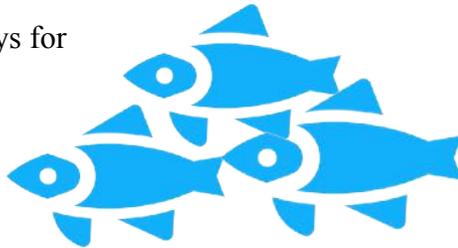
PVFF 3-Fish Challenge: Times Running Out!

By Larry Forte

We are down to the last few days for our 3-Fish Challenge. So far, it has been a lot of fun. Several members have successfully completed the challenge. With the cooler weather, it is a great time to go fishing with a club member and try the challenge. **The deadline is October 15th.**

The challenge is simple. Catch three or more fresh water species in ONE day with a fellow club member. Complete the challenge and you will be recognized at the Annual Banquet on October 29th.

The PVFF member that catches the most unique species will be the BIG winner and will be awarded a BIG prize at the Annual Banquet in October. In addition to the Big Prize, the winner will be bestowed all club bragging rights for the year! As the old Master Card commercial would say — that is priceless!



There are only a couple of rules to follow. All fish must be caught on a fly with the name of the fly, the fly size which was used for each fish entered in the challenge and the location.

Given the history of fisherman and their ability to tell fishing tales — you must fish with a club member so that your day's catch is verified. A picture would be nice, but is not necessary.

Examples of freshwater fish species 'for the challenge' may include (but is not limited to) the following: brown trout, rainbow trout, brook trout, golden trout, smallmouth bass, sun fish/blue gills, largemouth bass, crappie, catfish, white chub/fallfish.

Join the PVFF 3-Fish Challenge. There is a simple form to complete. You can download this off our club website or you can send me an email (**lbforte@verizon.net**) and I will email you a copy.

Good luck and happy fishing!

Beginner's Fly Tying: Gold Ribbed Hare's Ear Nymph

By Don Fine

Our September fly tying session was a great kick-off for our upcoming Beginner's Fly Tying class, which will be held on October 18th at 7:00 PM at Trinity United Methodist Church. As noted in last month's issue of Streamlines, for our tying sessions this fall and into 2023, we will be tying relatively basic fly patterns structured both for those new to fly tying, as well as for the more 'seasoned' fly tier. The latter group will have the opportunity to enhance 'their fly' via minor modifications, e.g. incorporating a bead head and/or rubber legs.

The fly pattern chosen for the October 18th tying session is the Gold Ribbed Hare's Ear (GRHE) nymph. In 1910, an English fly tier is believed to have created the first hare's ear nymph body using hare's ear dubbing (fur taken from the ear of a rabbit) as a simple modification of the long-lived

Gold-Ribbed Hare's Ear wet fly.

While the GRHE nymph isn't a perfect match for any one insect, it is a good imitation for the nymph form of a number of stonefly and mayfly nymphs when tied in a variety of sizes. Tying instruction that evening will also include a brief demonstration on a two-fly nymph rigging.



Advanced Fly Tying

By Larry Forte

At our Advanced Fly Tying gathering on October 19th at 7:00 PM, Randy Underwood will be our tier. The fly to be tied is still to be determined.

Would you like to join us? This is open to everyone. Perhaps you are not sure if your skills are to the "Advanced" level yet? No worries. Come and watch and check it out. I am barely an intermediate tier but I learn something new at each session. Plus, it is a lot of fun!

We will meet in Room 108 at Trinity Church. For those that prefer to join us via ZOOM, no problem. We will have a Zoom hook-up at the church for folks. Interested? We would love for you to join us. Just let me or Don Fine know. You can sign up on our website or you can email me at **lbforte@verizon.net**.

Meet a Pair of Members: Don and Ruby Fine

By Seth Denbo



Don and Ruby fishing together in Alaska

Driving up the driveway, I knew I was in the right place when I saw the sign reading “ANGLER PARKING ONLY — VIOLATORS WILL BE HOOKED.” Early this summer I headed out to Middletown to sit down with long-time PVFF members Don and Ruby Fine and talk with them about their fishing lives and involvement with the club. The sign is humorous, but nonetheless reflects the importance of fishing in their life together. Our conversation revealed their commitment as a couple to sharing the joys of fishing: with each other, family, friends, and not least with the extended PVFF family.

Don and Ruby started fishing together when they married in 1988, which began, in Don’s words “a long series of adventures as husband and wife flyfishing together north, south, east, and west.” After they married, Don said “We did everything together, and we would plan our travel around fishing. We had some property in Montana at the time. We’d go out there for a couple of weeks and we fished Wyoming, Montana, Idaho, Washington, Oregon, and even up in British Columbia.” Ruby agreed, “whenever we’d travel Don and I would fish together.” They’ve fished as far north as Alaska, as far west as Hawaii, as far south as Belize, and in many of the lower forty-eight.

While Ruby's first fly fishing experiences were the trips out west, Don has been fishing from the age of 4 or 5, when his uncle and grandfather would take him spin and bait fishing near his boyhood home in Pennsylvania. He tied his first flies pursuing a Boy Scout badge in fly fishing as a teenager. As a student at Penn State, "I fished some of those central Pennsylvania streams, right around State College," Don told me, "I could go to Fishing Creek before class in the morning and catch trout and then go to class."

They joined PVFF not long after they got married. At the time, Don said, it was small club with about 20 members. Meetings were held at The Rod Rack, a fishing shop owned by Rob Guilford — son of well-known Frederick angler, conservationist, and PVFF member Jim Guilford — that was then located in the Frederick Shopping Center on Seventh Street. It was also around this time that Don took a fly tying class from Jim Guilford, which led to his getting more serious about tying.

Don and Ruby's close friends John and Donna Brognard were also both long-time members of PVFF. The two couples traveled together, fished together, and participated in and supported PVFF activities for many years. One of the first members they met after joining the club was Gus Bell, who offered a rod building class that Don and John Brognard attended. That class, Don said, "was the genesis of B&F Custom Rods," the rod building company that Don and John Brognard created. It also led to their "long standing involvement with the club."



Some of the fishing memorabilia lining the walls of Don and Ruby's house

Over the past 30 years, both Don and Ruby have given many hours of their time to Potomac Valley Fly Fishers. Don has been club president twice, first from 2008 to 2009 and then again in 2016, and also edited *Streamlines* for a number of years. Ruby managed membership for a long time. Don regularly shares his lifetime of experience when he leads the monthly beginner fly tying sessions, which have helped many members (including me) get started in tying. He also leads the Project Healing Waters rod building sessions.

I asked Don what he values most about PVFF, and his answer spoke to the importance of sharing that is at the heart of Don and Ruby's commitment to the club: "The reason I think PVFF is so successful is because we have such a breadth of knowledge and a

breadth of opportunities for our membership to take advantage of: casting clinics, trips, fly tying, seminars, guest speakers.” It is not an exaggeration to say that much of that opportunity is in no small part because of both Don’s and Ruby’s generosity and willingness to share their time and knowledge over the past thirty years.

After we spoke for an hour Don took me downstairs to see their fishing “museum” and tying bench. The

walls of the large room are covered in photos, flies in display cases, paintings, and other memorabilia from their many years of fishing. Hanging on the wall in the stairwell on the way down, next to a wicker creel that was given to Don at the age of five and his father’s bamboo fly rod, were two mounted cutthroat trout. “We caught those on a trip to Montana,” Don told me, adding with a smile, “the bigger one is Ruby’s.”



Help make the Lefty Kreh statue a reality! Learn more and donate here:

friendsofleftykreh.com

PROJECT HEALING WATERS FLYFISHING

Project Healing Waters: Town Creek

By Andrew Frutiger



It has been a tough couple of months for fishing. In most cases, you were either fighting the heat or struggling with extremely low water situations. It got so bad at times that many just packed it in, waiting for better conditions. Thankfully, we have not had to throw in the towel completely. Thanks to the generosity of Larry Forte and his family, we were able to get on some really nice water and chase bass and pan fish for a day. Larry and his family opened up their hospitality and beautiful property to the veterans for what turned out to be a roller coaster of a day.

The day started out with perfect weather (as you can see from the photo) and decent fishing, with everyone catching small panfish and some bass.

Then the weather turned, not slightly, but torrentially! The skies opened up and drenched everyone and everything. The nice thing was that it brought us so much closer together, literally. Trying to cram 11 people under a tent with a table full of food was an extremely impressive feat (one of us, wearing the proper attire, on the left of the above photo, kept fishing).

Once the rain let up, the bite was on. Many veterans notched double digits with one extremely impressive bass caught right next to the house. We wrapped up the fantastic day trying to dry out all of our gear, eating burgers and dogs and talking about the incredible fishing.

Upcoming Outings

SMITH CREEK, VA

Date: October 23, 2022

Time and Location: Meet at Susie Q Farm around 9 am. Directions will be provided upon reservation. We will break for a pot-luck lunch; Mike will bring the famous Glazier Hot Dogs. We will fish Smith Creek on Susie Q Farm, which is located off of Exit 257 of I-81 in Broadway, Virginia. There is a \$100 rod fee payable to the Mossy Creek Fly Shop; we typically call in at lunch time and each provide our payment information.

Recommended Flies: Nymphs, such as Prince Nymphs, Copper Johns, and Zebra Midges. Woolly Buggers always work well. Blue Wing Olives, March Browns, and Quill Gordons may be worth a try. Hoppers should also work well at this time of year.

Outing Leader: Mike Holland

How to Sign Up: Contact Mike (michaeldhollandjr@hotmail.com) or go to the “Outings” page of our website.

CATOCTIN MOUNTAIN WATERSHED, MD

Date: November 19, 2022

Time and Location: We will meet at PVFF club member Pete Ring’s home at 8 am. It is located at 10910 Putnam Road, Thurmont, MD 21788.

Recommended Flies: Brook Trout flies including Elk Hair Caddis, Stimulators, Parachute Adams, Royal Wulffs, etc. Nymphs, such as Prince Nymphs, Copper Johns, and Zebra Midges also work well, and it is always good to have Woolly Buggers and San Juan Worms.

Outing Leader: Mike Holland and Pete Ring

How to Sign Up: Contact us (michaeldhollandjr@hotmail.com, pete@lhc-inc.com) or go to the “Outings” page of our website.

Calendar of Events

- Oct. 11** Club Meeting at 6:30 PM
Tuscarora High School
Room A170
Frederick, Maryland
- Oct. 18** Beginner’s Fly Tying
7:00 PM
Trinity United Methodist Church
Frederick, Maryland
Room 207
- Oct. 19** Advanced Fly Tying
7:00 PM
Trinity United Methodist Church
Frederick, Maryland
Room 108
- Oct. 27** Board of Directors’ Meeting
7:00 PM
Trinity United Methodist Church
Frederick, Maryland
Room 109
- Oct. 23** Smith Creek Outing, 9:00 AM
Meet at Susie Q Farm. View details and register on our website’s Outings page.
- Oct. 29** PVFF Annual Banquet
4:00 PM
Amvets Post 9
Middletown, Maryland

2022 PVFF Officers & Directors

President.....Andy Mekelburg
Vice President.....Kevin Haney
Secretary.....Owen Davis
Treasurer.....Dennis Allen
3 year Director.....Dave Dowiak
2 year Director.....Troy Kitch
1 year Director.....Kevin Lynn
Past President.....Larry Forte

Continuing My Education in the Big Woods of Maine

By Mike Holland

Over the weekend of September 9, 2022, I was fortunate to fish the West Branch of the Penobscot River in Maine with a friend, Kyle Lombardi. We flew into Bangor and stayed in the Big Moose Inn Cabins (bigmoosecabins.com) in Baxter State Park near Millinocket and fished with Kevin McKay of Maine Fishing Adventures (mainefishingadventures.com).

We were blessed with beautiful weather, which ranged from the high 50s to the 70s, and featured bright blue skies. On both Saturday and Sunday, we put in at the Big Eddy and floated about a mile down river. It was big water with stretches of rapids and riffles and deep pools. We were fishing for big, native brook trout and landlocked Atlantic salmon. The fishing was quite technical and challenging as it was often difficult to get proper drifts.

On both days, we started at the base of some white water right above the Big Eddy, with dry flies and nymphs. On Saturday, I was able to catch a couple of brookies there, one on a nymph known as the Bugmeister and the other on a dry fly. I had a lot of other opportunities in the Big Eddy but was not able to capitalize on the many rises I had. The good news was that I was able to get good drifts; the bad news is that I found it very difficult to set the hook with the necessary amount of line I had to let out. I did get a lot of practice of letting large amounts of line out without disrupting my drift by moving the rod up and down. I really focused on keeping the line under my right index finger as I held the rod, something that I needed to practice and incorporate.

I also learned – the hard way - that keeping too much tension on the line when you are fighting a big fish can be counterproductive, when I lost a good Atlantic salmon. The fish was fighting hard, leaping, and seemingly walking on the water, and I had a lot of line out. While it did not end well, it sure was fun.



Mike shows off a nice fish caught during his trip to Maine

Further down river, we anchored below some rapids and fished a deep edge. There I used streamers and did a lot of stripping while using a sinking line.



West Branch of the Penobscot River, Maine

Strip, strip, pause. Strip, strip, pause. I had not done a lot of fishing using that technique but was able to land a couple of beautiful brookies.

On Sunday, I caught a couple of Atlantic salmon using that technique, one of which was about 17 inches, and two Chubs. Our guide, Kevin, commented on how it is unfortunate that many anglers do not welcome catching Chubs nor show them the proper respect given their beauty and tendency to put up a good fight. I can attest that I found myself in agreement with him. I focused primarily on dry fly fishing and was able to improve, somewhat, in my hook setting. I hooked a couple of brookies on my second dry fly in the setup, which was a midge, but unfortunately lost both.

That day, we enjoyed a special treat when our guide, Kevin, shared his famous Smashburgers during a shore lunch. He made them over a grill in a cast-iron griddle. First, he toasted some sourdough bread. After he removed it, he put some onion slices on and then added a ball of hamburger with Montreal Steak Seasoning. He then placed some wax paper over the hamburger balls and pressed them flat with a cast iron meat press. After adding some dill mustard and cheese, he cooked them to perfection. They were delicious.

The West Penobscot runs through some amazingly beautiful forest. That morning, on the way up to our put-in point, we were able to see a bull moose. We also were able to enjoy some amazing views of

Mount Katahdin, which soars 5,267 feet and is one of the ending points of the Appalachian Trail. In fact, on our way out, we chatted briefly with a hiker who was on the last leg of a five-month hike from Georgia.

On our way home Monday, we stopped to see author Stephen King's home, a famous water tower – The Thomas Mill Standpipe, that he has written about in some of his novels, a memorial to the U.S.S. Maine, and a statue of Paul Bunyan. The U.S.S. Maine Memorial included the brass shield and scrolls that were recovered from the wreckage.

Last Cast

By Andy Mekelburg

On September 10, we had a great showing of support by our members for the Lefty Kreh Statue maquette unveiling. Many thanks to everyone who came out. We had over 100 attendees, including a large contingent of Lefty's relatives, the mayor of Frederick, and other elected officials. We also raised a bunch (a technical term) of money — we're now over 60% funded. More fundraising activities are being planned and if you haven't donated yet, please consider and go to www.friendsoflefykreh.com. The model (maquette) looks great and being at the future installation site helped solidify our vision. Apologies to Colvin for not going in the Lake, as it was pretty clean. Also, thanks to *Precision Fly and Tackle* for donating a \$500 gift card which helped us raise money. Plus, Ben can now say he taught Lefty's relatives!

The next step is the Frederick mayor and city council approving a Memorandum of Understanding with us on installing and future maintenance of the statue. I anticipate that happening on October 20.

In other big news, the state of Maryland announced the creation of a statewide fly fishing trail — the first in the nation! The purpose is to introduce new enthusiasts to the sport anywhere in the state.

It was a great experience, but the fishing was difficult, at least for me. It was also humbling but I learned a lot and had the opportunity to get some much-needed practice casting, mending, and setting the hook. I also very much enjoyed fishing with Kyle, who is new to our sport, and did quite well, catching about nine fish. If you are interested in fishing with Kevin, please know that he books up about two-years in advance. You should also know that he has lodging and a Tiki Bar available at his home for his guests.

Two sites are highlighted in each of Maryland's 23 counties, plus the City of Baltimore. Here's the link:

fishandhuntmaryland.com/marylands-fly-fishing-trail

Our annual banquet on October 29th is coming up rapidly — always the highpoint of the PVFF social season! Come and join the fun. **All tickets purchased before October 10th will be entered into a special raffle.** Also, donations are starting to come in, but the more the merrier! Bring whatever you can to our next general meeting or let me or Kevin Lynn know and we can arrange to pick it up. *Precision Fly and Tackle* is donating another \$500 gift certificate which we will have a special raffle for the night of the banquet. You must be there to win.

Our October general meeting will feature Dan Neuland speaking about Salmon and Steelhead fishing in New York. Perfect timing, as the salmon are running. Having personally seen Dan running through the Salmon River as he helps his fishing companions net a nice fish, trust me: it's a sight to be seen. I'll admit, I'm on the other end of the spectrum, no running for me — more like inching along with a wading staff. Still, a great time: nothing like hooking a 25-pound fish on a fly rod and

bringing it in. My one piece of advice is to spend the extra money to get a pass at the Douglaston Salmon Reserve. The public areas are like the wild west and are just not that enjoyable for me, standing in between a line of 10 other fishermen.

Looking ahead to November (after our October 23 outing to Smith Creek with Mike Holland) we will be stocking our trout in our home waters. Thanks to Rick Loose and the trout feeding team. I heard that

there are “no small fish” in our pen. I’ll let you know once we set a date. Our November 8th meeting is being held at a different location, *Beaver Creek Fly Shop (Precision Fly and Tackle)*, as it’s election day and Tuscarora High School will be closed. We’re starting earlier for this one, 6:00 PM, so make a note of that.

Until I see you at the next meeting, stay fishing with tight lines!



POTOMAC VALLEY FLY FISHERS

P. O. BOX 3001

FREDERICK, MD 21705

www.potomacvalleyflyfishers.club



FLY FISHERS
INTERNATIONAL



POTOMAC VALLEY FLY FISHERS
MEMBERSHIP and RENEWAL APPLICATION and LIABILITY RELEASE

Year _____

The purpose of the Potomac Valley Fly Fishers (PVFF) is (1) to promote fly fishing as the most sportsman-like and enjoyable way of fishing and the most consistent with the preservation and wise use of our resources; (2) to provide advice, suggestions and assistance to club members; (3) to publicize the best practices and techniques of fly fishing, fly tying, fly casting and other related subjects; and (4) to maintain liaison with other organizations of sportsmen and conservationists. By my joining PVFF voluntarily, I understand there are risks involved and will not hold the PVFF club, board of directors, and officers responsible for any injuries, accidents or death as a result of participation in the activities of the Club. I also grant PVFF permission to photograph me and/or my family at any activities and also to publish them in our monthly newsletter, at the meetings and any PVFF fly fishing functions.

Website: www.potomacvalleyflyfishers.club

The undersigned being in agreement with the above does hereby apply for membership/renewal in the Potomac Valley Fly Fishers.

Applicant's Name: _____ Date: _____
(Last) (First)

If family membership, other names: _____

Home Address: _____
Street City State Zip

Phone Number: _____ E-mail address for e-mailing newsletter _____

Applicant's signature: _____

Are you a Fly Fishers Int'l (FFI) member? Circle **Yes or No** **Yearly Dues:** ___ \$15 single ___ \$20 family \$ ___ Donation

How did you hear about PVFF? ___ Friend ___ Facebook ___ Newsletter ___ Fly Shop ___ Other

Interested in a volunteer position? ___ Officer /Board of Directors ___ Committee/Chair ___ Banquet ___ Trip Organizer ___ Teaching Fly Tying ___ Other Activities

MAKE CHECK PAYABLE TO POTOMAC VALLEY FLY FISHERS. Mail your check with this completed form to:

David Dowiak, PVFF Membership
8920 Bloomfield Road
Frederick, Maryland 21702

Dues for calendar year Jan 1-Dec 31

Cash _____ Check # _____ Amount _____ Date _____
New _____ Renewal _____ Life _____